



NEW COMMUNITY

CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 2 NO. 2

NEWARK, NEW JERSEY

APRIL, 1984

NEW JERSEY DIVISION C
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Extended Care Facility Eagerly Awaited

A beautiful modern Extended Care Facility is coming to the New Community neighborhood. Located just at the edge of New Community's development area, it will serve all in the Newark area.

Residents of our senior buildings are eagerly looking forward to the 10.5 million dollar facility. In New Community alone the senior population numbers nearly 2,000 with the average age being 69 years. Handicapped persons are also among our residents potentially using the facility.

In talking with Mr. Ralph Simpson, president of the Men's Club and Tenant Association of New Community Commons Senior, he told us he was aware of residents in his own building who had gradually gotten to the point of needing skilled nursing care but who were not able to find any facility nearby. To go out of state or any distance away would cut them off from loved ones and friends, many of whom do not have cars. This isolation, losing all ties to their communi-

ty, would shatter them psychologically and emotionally.

Referring to the new extended care facility he said enthusiastically, "this is the greatest thing that will ever happen here."

Right now, floor captains take turns looking in on those who are ill after homemakers leave, putting off the decision for a nursing home to the utmost, in order to enable them to be independent for as long as possible. Sometimes they care for neighbors as late as 9 or 10 o'clock at night.

Those with families are lucky, for family members stop in whenever possible, many times juggling working schedules and children's schedules to cram in some time each day or week caring for their aging relatives.

An unexpected illness throws plans topsy-turvy and eventually, many times, there is nothing more a hospital facility can do as age ravages once healthy bodies, threatening not life per se, but control over one's life.

It is then that choices must be made and alternate lifestyles sought.

New Community's senior buildings have been a Godsend, providing as they do the support services needed by the elderly — a homemaker program, congregate services, meals once a day, floor captains also checking at least once a day and a health care center nearby to monitor progress for those with chronic illnesses. Planned activities also draw people

"I think when you get older you need familiar things and faces. That means a lot."

Phyllis Burton

together in friendship and as a result keep bodies and minds healthy longer.

Phyllis Burton a resident of New Community Associates Seniors voiced both concern for neighbors who had dropped from sight in the past and enthusiasm that now that might no longer happen. One resident of the building "was sent all the way to Toms River," she told us. To a suburbanite this might not seem negative, but to one who does not or cannot drive, it means the end of a friendship or an ability to otherwise help.

Time and time again a reference to "on the bus line" surfaced. It could well have been a synonym for life line, for without public transportation many people in Newark would be cut off from one another.

A nursing home on a major bus line was indeed a plus!

Phyllis spoke of the family of friends she had made in the building — all about her age. At least now when she went to this nursing home there would be familiar faces, and friends could hop on a bus to visit. "I think when you get older you need familiar things and faces. That means a lot," she said earnestly. "And you would still be in the New Community environment," she went on, the confidence in New Community radiating from her voice. "The children would also see people with whom they were familiar when they came to visit and be more comfortable," she pointed out.

Phyllis has been actively following the plans for the nursing home as has Mr. Simpson, attending meetings, calling on neighbors and friends and even keeping in touch with HUD by phone.

She's not yet ready for a nursing home, Phyllis told us laughingly, but when it comes her time she intends to make sure this one is in operation.

She would feel more comfortable there.

Phyllis' looks belie her six children, thirty-three grandchildren and eight great-grandchildren. The ability to remain independent on her part will allow them to take care of their own families and lead independent work-



PHYLLIS BURTON

ing lives. Being in this particular nursing home "would put their minds at ease," she told me. "It would be just like visiting me here."

Because of the air of familiarity, this nursing home is not looked upon with dread but simply as a necessary part of life for some. There is no question that it will be a good place to go for specialized care in the minds of those I spoke to, because New Community was responsible for it, and they know and trust implicitly anything NCC is behind. It was humbling and challenging to realize this — and spoke worlds of necessity for responsible management to live up to these sincerely voiced expectations.

A fellow resident, Maude Jones, felt that some residents now in New Community Associates would be eligible immediately for nursing home care. Some she had in mind were confined to wheelchairs now and had to wait for homemakers to be bathed, or for their meals. "If they fall, they cannot get back up and must call for help — several times a day sometimes," she said sadly. They are not critically ill, therefore admission to a hospital is inappropriate, but gradually they are losing the ability to help themselves and need daily assistance. They dread the thought of being dumped far away among strangers where they will become people without an identity, whose personhood is known to

(Continued on Page 3)

NCC Begins Clearing Nursing Home Site



Grafton Construction Company begins work with bulldozer to clear site for new Extended Care Facility.

NCC made significant progress in March towards the construction start of the long-awaited Extended Care Facility.

The New Jersey Health Care Facilities Financing Authority adopted the bond resolution for the project on March 13th.

The Newark Municipal Council approved NCC's bid for the city-owned land on the site on March 21st.

On March 23rd, E.F. Hutton placed the entire 8 million dollar bond issue at a bond rate of 10.375% for 40 years.

Additional approvals of the UDAG agreement and the tax abatement application must be obtained from the Newark Municipal Council at the April 4, 1984 meeting so that the project can close as scheduled on April 10th.

An Open Letter To The New Jersey Congressional Delegation

Since Congress is now in the midst of its review of the fiscal 1985 budget for the Department of Housing and Urban Development, I think it is worthwhile to comment on the folly of housing "vouchers".

The proposed voucher program is a cruel hoax under cover of which the Reagan administration is abandoning the forty-seven (47) year commitment of the federal government to provide for the shelter needs of those who cannot compete in the private housing market place. It is an approach which HUD, itself, knows to be ineffective! The following excerpt is from Chester Hartman's introduction to **America's Housing Crisis: What is to be done?** (1983, Routledge and Kegan Paul, Boston, pages 2-3):

The model for such an approach—tested since 1970 via HUD's Experimental Housing Allowance Program—revealed that the pro-

gram was least successful in aiding minority, very poor and large households, and those living in poor quality dwelling units; that only one-fourth of the housing payment was used to obtain better housing; that little mobility was triggered by the program; and that little renovation work other than minor patchup tasks resulted from use of housing allowances. The approach assumes the existence of large numbers of moderately-priced vacancies in decent or easily and cheaply repairable condition, and a housing market that does not discriminate against applicants because of race, household size and composition, source of income, or life-style—a world of fantasy and wishes, rather than what the real housing market looks like. And in any event, on-

ly a tiny fraction of those who need such assistance will get it under the administration's version of this approach; it is to be a very limited program, not an entitlement.

The voucher program is a farce and a very poor excuse for federal housing assistance. It will not stimulate the production of the new units which are needed. When NCC rented its Manor development (state-financed, Section 8, HUD Project NJ39-HO85-121) in 1983, we had approximately 7,000 applicants for 324 units. Housing vouchers would not have enabled the people we turned away to obtain decent, safe housing elsewhere in Newark. There are very few "elsewheres" to turn to.

Using vouchers to address the nation's housing needs is like trying to solve third world hunger by distributing some ten dollar gift certificates to the Pegasus at the Meadowlands: there won't be enough certificates to go around, most people won't be able to get there, and those who do get there won't be able to afford a decent meal anyway.

Thanks To A Friend In Deed

Gregg Hicks, is a friend of New Community. Gregg has gone out of his way as a District Manager of "Burger King" to help the youth of New Community find jobs at the local "Burger King" stores. On behalf of the NCC youth, thanks Gregg.

Extended Care Facility Revenues to be generated for City of Newark (Estimates)

1. At closing		\$50,000
Land Sale	\$50,000	
2. During Construction		\$25,000
R.E. Taxes	\$25,000	
3. During first 8 years of operation		\$4,083,040
R.E. Taxes		
• Land		
14,000 a year x 8		\$112,000
• Fox Lance Abatement		
181,404 a year x 8		\$1,451,232
UDAG Repayment		
• 314,976 x 8		\$2,519,808
TOTAL		\$4,158,040

Family Violence Probed At Seminar

On March 1, 1984 New Community Corporation hosted a Family Violence seminar for social service professionals. The workshop was presented by Dr. Lynn Reynolds currently a teacher of Probation and Parole studies at Fordham University, and Dr. Gerald Shattuck who is presently the chairman of the Department of Sociology and Anthropology at Fordham University. Dr. Reynolds has worked over ten years with the New York State Division for Youth helping adolescents and their families. She has also given workshops concerning criminal justice and discussed Family Violence on several metropolitan radio and television stations. Dr. Shattuck has worked with and done research on many community based programs in the area of criminal justice, and is currently writing a book on stress disorders.

The Family Violence workshop program covered the areas of Violence as a Social Condition, Interviewing Child Victims, Incest, and Abuse of the Elderly. Violence can be looked upon as a social condition because

many individuals, much of the media, and norms of society perpetuate and condone violence. In American society violence is legitimized and thought of as a normal way of life (examples—violent television programs, American notion of competition and competing, chastising and battering wives, spanking children, etc.) American culture promotes violence.

Incest occurs in American society because children are viewed as possessions; their rights are respected more in the abstract than in reality. Children are also attributed more adult-like characteristics than they actually have (example: being seductive, sexy, etc.), and are portrayed as provocative by the media. Dr. Reynolds revealed that the average age at which incest occurs is six or seven years old, and gave guidelines to use for determining if incest is happening in a child's life.

Abuse of the elderly occurs in our society simply because older individuals are thought of as useless and weak. Elderly abuse is a topic that not much information is known about because older people who are abused will not talk about the incident or incidents (are ashamed, feel powerless, etc.). Generally the elderly are abused by family members in the home, therefore reports on the abuse are at a minimum. In this country at least a half million elderly individuals are abused at home by family members.

There were also interviews of child incest victims presented through the use of audio visual aids, which gave insight on the victims' attitudes about what happened to them, how it happened, their feelings, etc. All in all the Family Violence seminar was very informative and helpful.

Margie Gant
Shelter Staff

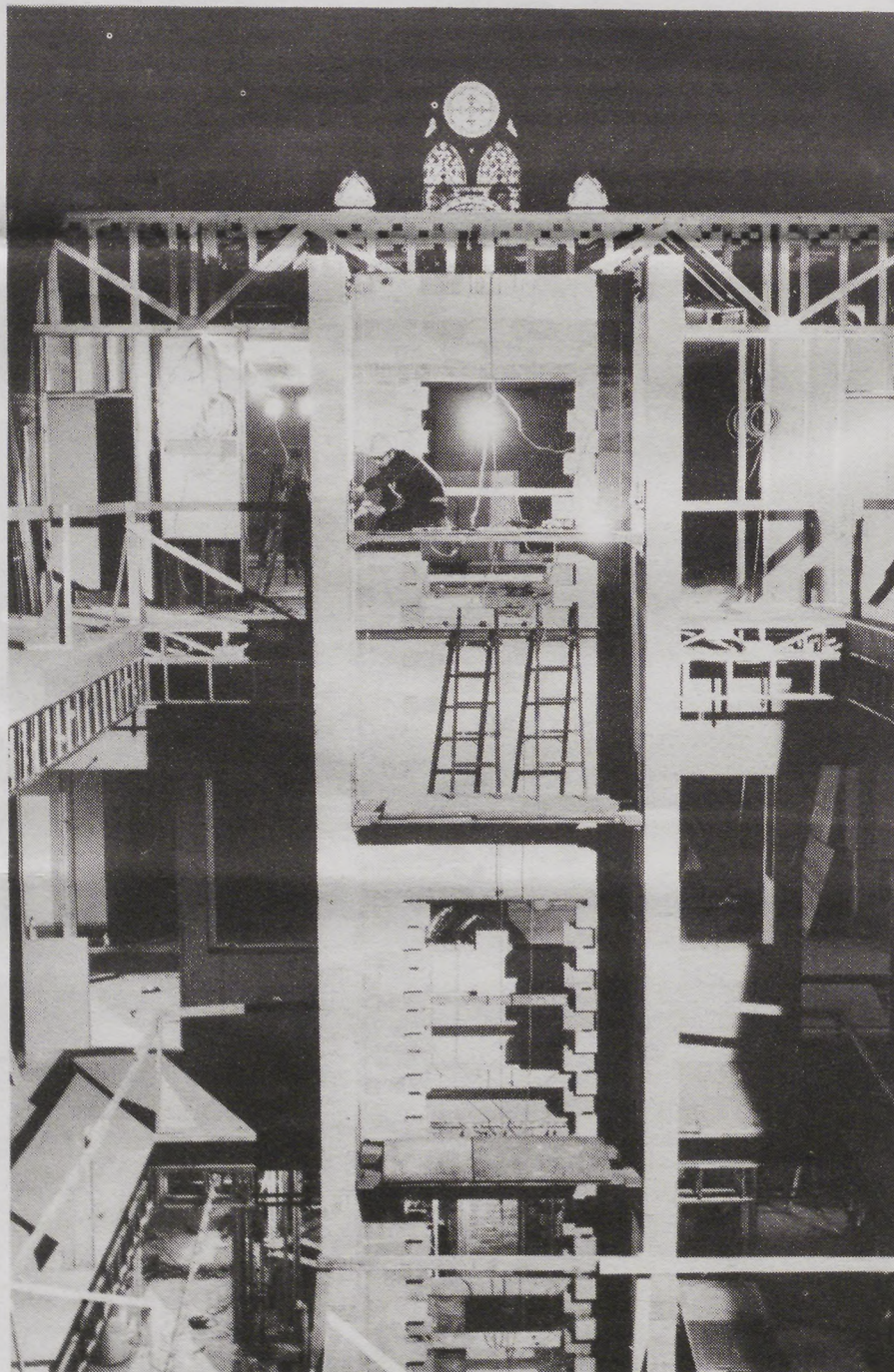
THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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SAVE THE DATE!
NCC Festival '84
will be held
Friday, June 8th and
Saturday, June 9th.



ST. JOES WILL HAVE ITS UPS AND DOWNS. Installation of elevator at St. Joseph Plaza gets underway as workmen prepare elevator shaft. A beautiful glass enclosed elevator will be featured in the Atrium.

Extended Care Facility

(Continued from Page 1)

none. Here in New Community they are still *people* — with names — and neighbors who care about them, and who have shared in their lives.

The ability to help those who are unable to help themselves at times and the help to physically do it would be available in the extended care facility, Maude pointed out. "The people here are not really trained like the people in the nursing home to know what to do," she said worriedly.

"Even if residents have some family, they just run in and run out," she went on. "Sometimes they can't afford to stay — they have to take care of themselves."

"Many times there's a long wait to get in a nursing home," Maude continued, "but if they could just get there at least there would be people to help them get out and around the

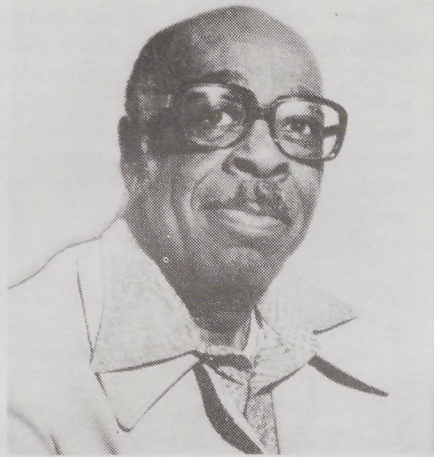


MAUDE JONES

home and care for them 24 hours a day."

A nursing home in this area would allow family and friends to see those needing care and being on a bus line would allow them to run in on their way from work and visit with them easily, was the consensus.

As president of the Senior Citizens Club, Maude talked not only to people in her building but also to people in the neighborhood about the planned facility since it would help all of them. She also mentioned the large



RALPH SIMPSON

number of people she herself knows who could not even get into a nursing home and who "are suffering."

Ellen Watson of New Community Associates had "a couple of friends" who had to go into nursing homes, and "where they went, they were very much neglected," she told us sadly.

As a licensed missionary she would go to see them and "would cry and pray and hope someday that somebody would open up something where they could have feeling for a human being. It hurts to see your friends mistreated," she said quietly. She hoped that someday there could be a nursing home nearby so they could walk to see their friends, and see how they were being treated.

In talking about the planned extended care facility under New Community she was certain that nobody there would treat the seniors the way she has seen them mistreated. She was sure it would be so much nicer. Three people she knew of needed a nursing home but could not get in. "Well, I hope they don't get in (until we get one of our own)," she told us with mixed emotions, thinking of those she had already seen suffering.

Right now these people have a homemaker during the day and call on friends and floor captains or anyone who is available after hours. Ms. Watson organized the floor captains in 1978 and is currently presi-

dent of the group. The whole 15 floors, she felt, had learned to be like a family as a result, everyone knowing one another. Floor captains were trained to ring their neighbors' bells and see if they needed help. If they did not wish to be disturbed, they simply put out a sign saying, "I'm okay."

Ms. Watson is also alerting her neighbors to the plans being formulated and finds complete agreement and support for the desperately needed nursing facility in the area.

Ellen is one of the seniors without a family. "My day is coming," she stated frankly, "who's going to do for me? This is all the family I know," she said with honest concern. "Why should I have to be shipped away with strange people? Why can't it be a nursing home here, where if I'm up there, some of them who think enough of me can come up and see about me," she questioned.

We journeyed to New Community



BESSIE CERES

Gardens Senior/Disabled where Bessie Ceres, an unbelievably young looking 65 year old voiced her concern for her future and her concern for the suffering members in her building. "They can do no shopping or cleaning," she said referring to those at Gardens needing nursing home facilities. "They can do nothing for themselves." It is very difficult for the untrained to really be of help, especially when special facilities for some serious problems of the bedridden are simply not available, she felt.

The people in her building also have a bond with one another, and Bessie too felt one of the benefits of a nearby facility would be to "see that everything is all right."

One of the younger handicapped people in New Community Gardens, Edna Gillian, had just had the painful experience of being physically unable to help her own father when he became ill. She managed to get him back and forth for therapy until she herself took sick and he had to be put in a hospital. When she came out he again lived with her while she struggled through 16 names of nursing homes, all too far away for her to reach (Atlantic City, Jersey City, Totowa, etc.) because of her own physical problem. After a long period of waiting a nearby facility in Newark opened to which she could travel to see him and she gratefully placed him in it, drained by the strain of his problem plus hers.

Edna had worked in a nursing home before becoming handicapped and was concerned for those residents who came directly home from a



EDNA GILLIAN

hospital and did not have access to immediate therapy. She felt they went "downhill" instead of getting better.

She commended New Community for placing priority upon the nursing home and felt it was much needed, mentioning a bedridden person on her own floor who really needed 24 hour professional nursing care.

Many people were experiencing the same suffering she had with aging parents she felt; and the handicapped also needed nursing care at times she reminded me.

More and more as our senior population increases these problems will be repeating themselves.

In the new facility 180 people would benefit from beds handling various levels of nursing care 24 hours a day,



ELLEN WATSON

as would 60 additional persons be helped by the medical day care section of the facility. Doctors appointments could be kept, tests performed and results monitored or much needed therapy administered in this area. Besides affording peace of mind to its residents and day care clients the extended care facility would give 120 more people an opportunity for permanent employment, improving their own quality of life.

It will certainly be a most welcome addition to the neighborhood.

Correction:

In the March issue of *The Clarion* credit should have been given to Mrs. Harriet Lewis of 140 South Orange Avenue, the floor captain who realized the plight of Mr. Samuel Davis when his smoke alarm went off.

The Anti-Crime Corner

New Community Douglass-Harrison is now organizing an Advisory Board for the Neighborhood Anti-Crime Self Help Program. This advisory board will consist of one resident from each building.

When the total formation of the board is completed it will consist of forty-eight members, who will then be broken down into sub-committees that will address specific areas of the anti-crime program.

During a four day seminar in Washington I was trained to coordinate these efforts into a program that should, after two years, be capable of functioning independently of any outside funding.

To aid participants in organizing their community the **Neighborhood Program Planning Process** was demonstrated. This particular workshop explained how to organize and implement an effective program by using the residents in the neighborhood as resources. The

workshop included such information as how to use youth in the neighborhood program. We discovered how trained youth can be a key to a good program, for example as a Junior Escort service walking seniors to banks or supermarkets, etc. Seniors are also a resource for the neighborhood programs, and can contribute to the safety of their neighborhoods in many different ways.

Opportunity Reduction: Strategies and Application was another topic. This workshop stressed the principle that a great deal of the time **because we allow it** we become victims of crime. We were trained, and given methods to reduce the opportunity of being victims of crime.

In future articles we will give more information on our anti-crime program and how we expect it to work for us.

Georgia M. Ransome

NCC Finance Department Adds Two



LaVERNE DEWS

Joining the New Community Corporation finance department are LaVerne Dews in the accounts payable position and Bonifacio "Benny" Vergara in the general ledger position.

Born in Newark, LaVerne is a graduate of Weequahic High School. She continued her education in Montana receiving her B.A. from the University of Montana where she lived with her husband Robbie. Upon returning to Newark she worked in the finance department of City National Bank and Broad Memorial Bank before joining N.C.C. She and



BONIFACIO VERGARA

her husband have two lovely children, Robbie, Jr. and La Qwanda.

Benny is originally from the Phillipines where he received his B.S. in Business Administration from San Beda College. He is continuing his educational pursuits at the Newark Campus of Rutgers University, where he is presently attending night school studying for an MBS degree in accounting. Prior to joining NCC, Benny had worked in the finance department of a division of General Mills, Inc.

Benny "enjoys the congenial relationship of the working force."

Example of Payback Times For Energy-Saving Measures

When we decide to go ahead with a particular energy reduction time, we calculate the cost of the item versus the expected annual savings the item will produce. If an item costs \$12,000.00 and produces \$1,200.00 a month in savings, it will pay for itself in 1 year. After the initial 1 year period, the item will still produce \$1,200.00 per month in savings. This \$1,200.00 then becomes available to the development to be used for beautification, maintenance or any variety of projects.

The savings projections made before an item is actually installed are generally conservative. For example, we calculated the payback period for installing high efficiency lighting at N.C. Associates to be 15 months when originally evaluating this item.

This was the best conservative estimate that could be made without actually going ahead with the project. After installation, the preliminary evaluation of actual savings is showing a higher rate of monthly savings than anticipated, thus shortening the payback period to 8 months. Energy conservation pays for itself, then goes on paying us.

N.C. Associates

Action Taken	Pays for Itself in
Conversion	9 mo.
Wash heat wheel	1 mo.
Reduce water temp.	Immediate
Night set back	10 mo.
Hot water heating	36 mo.
High Efficiency lights	8 mo.

Infra-Red Camera Aids NCC Maintenance

The use of an infra-red camera has brought new sophistication to the abilities of the NCC maintenance department.

A regular 35mm or Polaroid camera can be attached to the device to retain permanent images for records.

Energy management is accomplished since the camera enables the maintenance department to detect heat loss due to poor insulation or air leaks around a door for example, and correct the problem.

The device is also valuable to electricians as they regularly inspect wiring, since it registers abnormal heat coming from a loose connection or a bad breaker. Prompt repair can thus

prevent a major breakdown.

Roofing problems can also be detected by use of the infra-red device. After a rain, moisture collects under a roof where there are leaks and as the roof cools at night the air underneath which is filled with moisture can give a reading to the user of the machine indicating where a problem is, thus allowing early repair.

An attachment to the equipment in gun form is also able to give the actual temperature reading of a boiler etc. instantly so that a worker will know quickly if anything is amiss.

NCC is always looking for better ways to service its residents, and will find even more uses for infra-red detection in the future.

Energy Conservation Update

New Community Maintenance Department has entered a new phase in its ongoing energy conservation program. In five of the senior buildings we are installing smaller boilers to heat water for domestic use (sinks, showers, tubs). The new heaters will enable us to shut the large boilers off in the summer thus saving substantially on fuel. The use of the smaller boilers will also allow us more time to service our main boilers to insure peak fuel efficiency.

Our conservation program was started in November of 1981 with funding of our first and most involved project — adaptation of fuel burners for dual use. Rising oil prices had sent many industries in search of alternative fuels. We found that by converting the burners in our large boilers (limited at that time to only burning #2 oil), to burners that could burn gas or #2 oil, we could have save substantially by using the cheaper of these two fuels at any given time.

Seeking additional information, New Community Corporation contacted Leonard S. Coleman Jr., Commissioner of the New Jersey Department of Energy, for assistance in identifying other potential energy-saving areas. The Department of Energy was very helpful. They sent two energy specialists, Mr. Andrew Pandich and Mr. Marino Rossi to do a preliminary tour of our buildings. Mr. Pandich returned to analyze energy usage in detail at New Com-

munity Commons Sr. The results of this study were used to develop a comprehensive plan for all New Community developments.

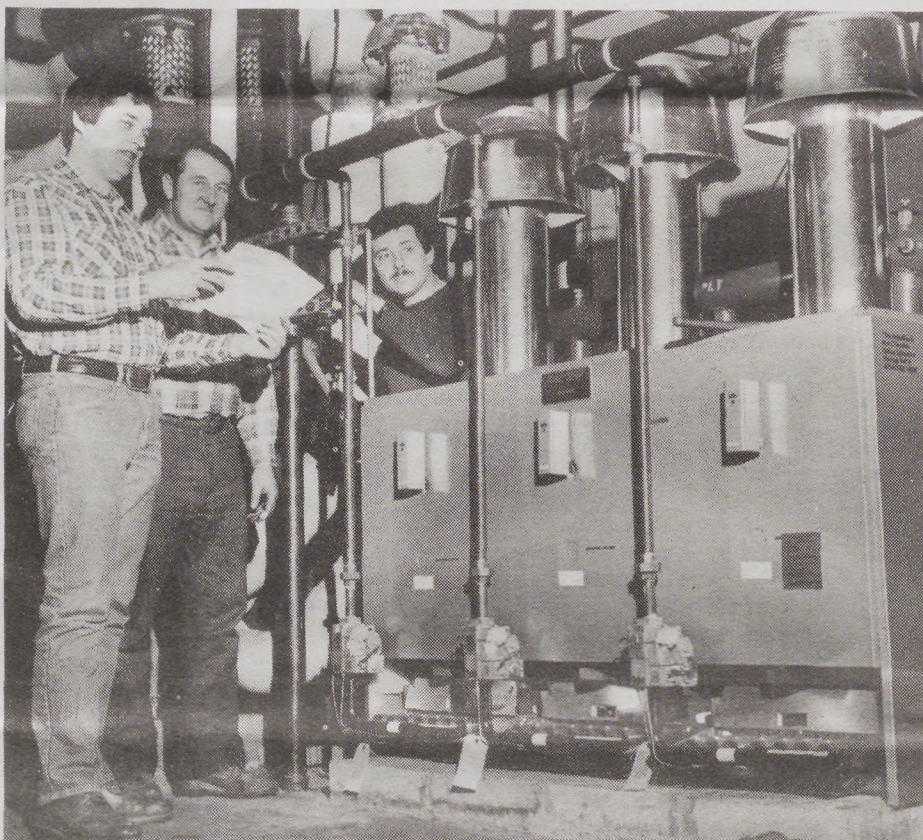
Six recommendations were made:

1. Convert boilers to dual usage.
2. Wash heat wheels on hallway heat recovery systems.
3. Install domestic hot water heaters
4. Reduce hot water temperature.
5. Put timers on hallway heat recovery systems.
6. Install high efficiency lighting in hallways and public spaces.

Of the six major recommendations, we are now in the process of completing the fifth (the new boilers mentioned earlier).

New community would like to thank Mr. Coleman, Mr. Pandich, and Mr. Rossi for their continuing assistance.

The attitude of New Community has always been to meet potentially damaging situations, like climbing energy prices, head on. By meeting the rising energy cost problem in this manner, we have been able to substantially soften the financial blow of these costs. The resulting savings enable New Community Corporation to invest more money in landscaping, ongoing maintenance, and a large variety of "Quality of Life" programs. As our plans continue, we will try to keep more dollars in our community where they belong.



ENERGY CONSERVATION. Richard Rohrman, assistant maintenance director, confers with Adolph Hofmann and Ralph Campione of the George McGowan Co. who are installing energy saving equipment in NC Roseville.

Newark Museum Events

School Holiday Programs

Bored with sitting around the house during school holidays? Come to the Museum for computer workshops, family films and *Spring Sky*, the new children's Planetarium show.

Thursday, April 19 and Wednesday, April 25. All events begin at 1:00, 2:00 & 3:00 p.m. (75¢ admission to Planetarium only).

Call 733-6600 for full information.

King Arthur and the Magic of Merlin

An evil fairy, a wise magician, a flying unicorn and an eight-foot dragon are among the characters in Pegasus Productions' performance of this classic King Arthur tale. The fully-staged children's play will be performed by life-sized puppets with magic illusions, and colorful costumes. Saturday, April 7 at 1:30 p.m. Court.

NC Manor Gets Social Worker

Joyce Holmes was recently added to the staff of New Community Social Services Department.

She will be directing her energies toward organizing activities for seniors at NC Manor on Orange Street, and has already initiated a fitness program as described elsewhere in this issue of the Clarion.

Joyce began her education in the kindergarten of St. Rose of Lima School just across the street from NC Manor and has lived in Newark all her life. Upon graduation from St. Rose she attended East Orange Catholic High School and Essex College of Business. She presently has 36 credits toward a business degree at Rutgers University.

Before joining New Community, Joyce worked in retailing at Haynes enjoying the fashion part of her job and buying, but wanted more contact with people.

She has always been interested in doing things for her community and felt that by working here she could help even more. Joyce told us she is really enjoying her work here at New Community.

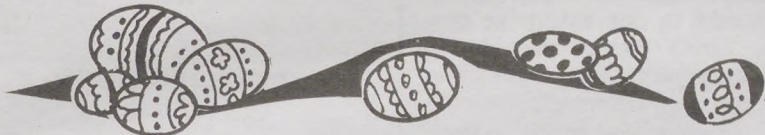


JOYCE HOLMES

On her own, Joyce, with her girlfriend, Marie Hunter, is conducting an Easter Egg Hunt for all children in the community at Branchbrook Park at 1 o'clock Saturday, April 14th. Twelve dozen colorful Easter Eggs will be hidden and prizes will be given.

They have done this together for several years and really look forward to it.

We are happy Joyce will be working with us.



NC Manor Seniors

NC Manor, at 545 Orange Street, will be sponsoring a "Spring Fashion Show" that will be coordinated by Barbara Holloman to help kick off the feel of warmer days ahead. There will be fashions for both the young and young-at-heart. So won't everyone please come out and take part and help make this a gala event.

Date: Sunday, May 6th, 1984

Place: NC Manor Community Room

Tickets: 99¢

For more information contact:

Ethel Clark - 482-7755 or

Barbara Holloman - 484-9847

* * *

Luncheon Honors Sister Marian

On March 22, Sister Marian Spearman was honored with a lovely luncheon, given by the tenants at 545 Orange Street. The luncheon was to show their appreciation for her tireless devotion and help at NC Manor.

The festivities began with the presentation of a Certificate of Appreciation to Sister Marian by Mrs. Angela Hicks - head floor captain. This was followed with Grace led by Mrs. Margaret Phillips.

Sister Marian was further surprised by a cake, made in her honor by Mrs. Joyce Holmes, which had been decorated with her profile.

The food, which had been prepared by many hands, was excellent and Sr. Marian said it was the nicest surprise she could have received. "It put a feather in my cap," were her words of elation.

"Spring Into Fitness"

On March 21st, 545 Orange Street started its "Spring Into Fitness" program with 15 participants, each stressing the desire to feel fit.

The program started with a series of warm-up stretches to loosen stiff muscles and joints, then went into slightly more difficult work ups and floor exercises to use the lungs and abdominal muscles. It finished with a cooling down period of hand, eye and facial exercises, ending with simple tension releasing total relaxation.

Measurements were taken and will be taken monthly to check progress.

Classes will be held 3 times a week. NCC Social Services can provide further information.

Joyce Holmes

April Youth Activities

After-School Program — meets Monday-Thursday each week 3:30-5:00 P.M. in Gardens Family Pavillion.

Slimnastics Class — meets every Thursday in Gardens Family Pavillion from 6:00 P.M.-7:00 P.M. The cost is \$2.00 per class or \$8.00 per month.

Registration for Jr. League Basketball has begun. Registration forms can still be picked up at NCC Social Services or at 51 Somerset Street.

Registration for little league baseball is still going on at Gardens Family Pavillion.

Men's Softball Team is now being formed. **Women's Softball Team** is also being formed. Contact Paul Reid at NCC Social Services.

N C Roseville Report

"Motivations" Rock House

On March 16, 1984 at 7:00 p.m. through the tireless effort of Illa Barnes and the One South 8th Street Club, (of which she is President), N.C. Roseville's number one club presented a gospel show featuring the "Motivations," a well known group of singers in this area. The brothers really rocked the house that night, with many new and old Gospel songs, that had the entire audience singing along, clapping and foot tapping. Also enjoying the program were Mr. Glenn Haydel, President of the Roseville Coalition, and several of its members. Refreshments were served after the program. A great time was had by all attending.

N.C. Roseville Mens Club

The men of Roseville now have a club to call their own. Since its February 1984 beginning, the Men's Club has attracted quite a few members, but not nearly enough. The men have decided that the purpose of the club will be to bring all male residents of Roseville together for game nights, bus rides, fund raising, and "just all men" get togethers. But, a successful Men's Club, we feel, must benefit more than a handful of men. So N.C. Roseville is inviting every male tenant to come on down to participate. Next meeting is the 1st Tuesday in April. Our thanks to Sr. Marian for helping us get organized.

R. Steve Perkins



MEN'S CLUB FORMED. NC Roseville boasts a newly formed Men's Club. Members appearing in above photo are: left to right, seated Sam Filmore, Melvin Davis, Eddy Williams, Steve Perkins, Henry Byrd and John Roberts, Jr. The club will meet the first Tuesday of each month. Other club members who were not present for photo are, Robert Benning, Curtis Marcs, Woody Caldwell, Jhana Mitchell, James Weaver and John Talmore.

NC Associates News

The residents of 180 are very happy about the beauty and improvement the pictures hanging in the lobby have made. We appreciate the labor and time of those who made it possible. Those in the pictures are proud to be a part of the added attraction (smile).

The Floor Captains and backups here, really enjoyed the Appreciation Luncheon given by the Social Services Department for Floor Captains. The message delivered by Rev. H. Rawls was timely and uplifting. The service rendered by Mr. Gannon, the Sisters, Ms. Newsome and others who were involved was very much appreciated. We enjoyed the food; everything was delicious. We were especially proud because the idea of floor captains was conceived here by Ellen Watson.

It has been noticed that one or two residents have emerged from behind closed doors to take part in some of the activities. We encourage more of you tenants, who have stayed hidden to come out and get into the action. It takes **you** to help whatever is happening and to make it a success. Try some of the available activities. Maybe you'll like them.

The 180 Senior Citizen Organization voted on March 7th for election of officers. All officials were re-elected, although some were looking for new faces. Those re-elected were Maude Jones, President, Oler Peterman, Vice President, Emma Johnson, Treasurer, Phyllis Burton, Secretary, Beatrice Graham, Assistant Secretary. We have tried to do our best, and endeavor to do better!

Phyllis Burton

Breakfast/Lunch Is Served!



A HAPPY VOLUNTEER. Peggy Owens in her make-shift kitchen has many admirers as she whips together a noon day lunch for some of the residents at NC Gardens Towers.

Ms. Peggy Owens of N.C. Gardens finds great joy in preparing meals everyday for anyone interested.

"I really didn't have that much to do," states Peggy. "Serving breakfast and preparing for lunch fills my day, and I really feel I am helping out in some small way. I enjoy cooking, and so far everyone seems to enjoy the meals." The venture has in a way made a lot more people visible in the community room. Along with eating, it has afforded time for good conver-

sation. "I am working in a makeshift kitchen, but it's fun; and I am sure we at Gardens will have a full kitchen soon," she told us. Peggy would like to thank all who have given support, and asks that they please continue to do so. "You give me great happiness," she says sincerely, "and I hope together we can go on for bigger and better things."

We are building community one step at a time.

Commons Family News

On March 14, 1984 our monthly meeting was held. By-Laws were returned to the table for some finishing touches, and two new officers were chosen: Ms. Verie Thomas, assistant treasurer, and Ms. Phyllis Holloway, chaplain.

Special guest speaker for April 11, 1984 will be Mr. Junius Williams, Director of Newark Legal Services.

Remember that monthly meetings are every 2nd Wednesday of the month at 6:30 p.m. See you there!!

Babyland II

March was an exciting snowy and cold month. The children adored the outdoor field trips to points such as the local train stop to watch the activity, the army station to see tanks, the post office where they were shown how mail is exchanged and watched the trucks transport the mailbags, and to the park where a snowman was built.

We also have a new environment at Babyland II. New carpeting and curtains have provided an atmosphere of warmth and beauty. The different animals depicted on the curtains such as zebras and tigers and the variety of colors add to our extensive curriculum. Plush carpet provides a firmer foundation for jumping, rolling and hopping thus allowing additional gross motor coordination activities.

April is the "Month of the Young Child." We will be preparing art activities (footprints and handprints of all the children) for exhibit and a short dramatization "The Tree" for a stage show.

Darlene Wood
Babyland II Staff

Babyland II Greets New Supervisor

Beverly Dunn is the new social worker for the Protective Services Program and center supervisor of Babyland II. She is a Newark native who recently relocated from Connecticut where she earned two degrees from the University of Bridgeport, in both Mental Health and Human Services. She also holds training certificates in Social Work, Alcoholism, Rape Crisis Counseling, Battered



BEVERLY DUNN

Women Counseling, Women Helping Women Counseling, Displaced Homemakers Services, and Art and Music therapy. She shares skills and talents in areas of outreach: community education (which includes communicating via radio and television), legislative work and public relations.

Under her supervision the protective services program has expanded its parent participation and increased its client enrollment. As a result two vans are now used to transport the children receiving day care services as well as those who meet at the center for parent-child visitation. In addition to this, Ms. Dunn provides training sessions to the staff to enrich their child-care and communication skills.

Beverly finds her work meaningful and challenging both professionally and personally. She is the mother of three beautiful children and is sensitive to parents' needs and women's issues in particular. She brings five years of counseling and supervisory experience to the program and hopes to promote the good health and growth of parents and children receiving Babyland's services.

Babyland Nursery



Day Care Center in Newark
24 Hours 7 Days
Ages 2½ Months to 5 Years

Flexible Drop-in Child Care
Available For:

- Shopping
- Doctor's Appointment
- Domestic Emergencies
- Adult Education

(3 Hours Minimum)
Ages 2½ Months to 12 Years

CERTIFIED TEACHING STAFF
HOT MEALS AND SNACKS
FOR INFORMATION - 375-3143

The Douglas

In commemoration of Black History Month we had two speakers, Mrs. King from the Office on Aging and Mrs. Willis from U.C.C. They spoke so well that various tenants added their views to the program as well as returning to their apartments to get articles of black achievements and happenings to share with us.

It was a well spent, inspiring, food for thought morning.

We invite all tenants to come down to the community room on Tuesdays at 7:00 p.m. for games and fun or just to socialize. It should be an entertaining evening. Try it.

Coffee is served. Starting the day with a cup of coffee or tea among

neighbors and friends is a good beginning for a beautiful day. This perfect eye-opener is from 8-10 a.m. daily in the T.V. room. Come on down!

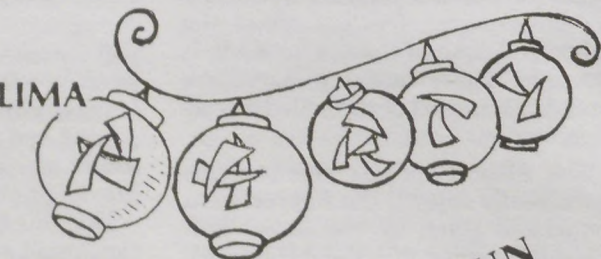
Have you seen the Douglas Lobby? It has a new look. We have new pictures on our walls of various happenings at the Douglas and of our beautiful garden, taken by NCC photographer Dick Koles. It looks just great. Thank you.

We are happy to see our manager Madge Wilson has recuperated and is back with us. Stay well.

Another proof that God answers prayers.

Alma Hanks

**FRIENDS OF
ST. ROSE OF LIMA**



CHINESE AUCTION

SATURDAY EVENING, APRIL 28, 1984

7 O'Clock to Midnight

ROSELLE CATHOLIC H. S. AUDITORIUM

Buffet Supper — Dancing

Proceeds benefit St. Rose of Lima School

FUN

PRIZES



ALL DECORATED AND WAITING. If you enjoyed the Chinese Auction of prior years as shown in above photo, all decorated in colorful splendor, wait till you see THIS YEARS. Keep open the date, Saturday, April 28, 1984. The FUN starts at 7 p.m.



WINTER'S LAST STORM. Thanks to NCC Maintenance people last month's big snow fall did not hinder our residents from getting to their appointed jobs. Early morning found members of the maintenance crew busy at work removing the snow. All the way from the "Bobcat" which can swoop large areas at a time, to the snow blowers operated by motors, to the old fashioned way with shovels and back muscles. Our thanks to all involved. A great job well done!



Commons Seniors

140 Club

Commons Seniors 140 Club is sponsoring a bus ride to Niagara Falls in August. The bus will depart from 140 So. Orange Avenue on Friday, August 24th at 8:00 a.m. and return on Monday, August 27th. You will have three (3) nights and four (4) days of fun. May 1st, 1984 will be the beginning of the 4th year of the club. If you are not now a member, come to the community room on April 2nd at 6 p.m. and join the active club in your building. The President, Mrs. Marian Simpson, welcomes all to the club.

Arts and Crafts

Ms. Julia James, President of the Arts and Crafts class, guided its first sale of 1984 on March 9th beginning at 12 noon in the community room. Lovely hand-made gifts for family and friends were abundant. Dinners were sold by the club to the delight of many, enabling them to get out of their kitchen for a day. The community room was alive with laughter, con-

versation, music and beautiful displays. The cooks did a great job: Ms. Zepher Johnson, Ms. Irene Carr, Ms. Sanderfer and Ms. Barfield. The club meets every Monday and Friday at 1 p.m.

140 Crocheting Class

Ms. Louise Walker, instructor, invites all who wish to learn how to read crochet patterns to join her and her students every Wednesday afternoon from 1 to 4 p.m. in the community room. Learn how to make that beautiful item for yourself: a sweater, hat, beret or any other article you choose. Ms. Bennetta Marshall is making a lovely beret, Ms. Beatrice Baldwin a soft yellow top for her granddaughter, and Ms. Zepher Johnson a beautiful white sweater. Ms. Moore is fashioning a delightful beret in soft tan, while Ms. Baskerville is making grannie squares which will evolve into a stole. Ms. Marian Simpson is making a sweater, Ms. Ethel Hill a soft shawl, and Ms. Ruby Dawson a casual vest sweater.

It is quite rewarding to be able to make your own special item. And such a quiet, peaceful afternoon!

Coffee Hour

Every morning the community room is open and you may join your neighbors for coffee and donuts. Now, something new has been added — breakfast is served at 9 a.m., delicious and hot!

140 Tenants Association

On Tuesday afternoon, March 6th, Commons Seniors held the second meeting of its tenants association, in the community room. Officers elected at this meeting were: Mr. Ralph Simpson, President, Mr. Richard Barfield, Vice-President, Ms. Viola Walker, Secretary, and Ms. Connie Wise, Assistant Secretary. Our Manager, Ms. M. Berdiel, joined us and encouraged participation of each tenant in making and keeping Commons Seniors, our home, a lovely place to live. Each tenant is a member of this association and your input is needed. The next meeting

will be held on April 17th at 4 p.m.

140 Mens Club

The Mens Club is serving every day at Commons Seniors, preparing coffee and breakfast. The ladies are always at their side: Mr. and Mrs. Simpson, Mr. and Mrs. Barfield, Ms. Zepher Johnson, Ms. Irene Carr, Ms. Arleatha Jones and others.

Exercise Class

Ms. Rosa Rivers, instructor, and neighbors meet every Friday morning at 10 a.m. in the community room to indulge in pleasurable exercise. Join your neighbors in exercising for a body beautiful program.

Ruby Dawson

N.C. Health Care Center
Beginning
Saturday April 14, 1984
9 - 12 Noon
Family Practitioner Available
(Pediatrics and Adults)
Call for an appointment
623-2480

At Your (Social) Services

by Gerry Gannon
Director of Social Services

Advisory Board for Families

Over the past few months a group of tenants from the family complexes have been meeting to form a Families Advisory Board for the NCC Social Services Department. As in the case of the Advisory Board for Seniors, Disabled and Handicapped, the Families Advisory Board will be responsible for identifying the needs of families and also assist in developing plans to meet these needs.

Presently, the membership of the Board consists of representatives from each of the family complexes. N.C. Homes is represented by Geraldine Hellams, Antha Reed, Ann Smith Brown, Martha Williams, and Bernice Fuller, while N.C. Commons Family is represented by Dolores Collier, Lois Ritchwood, and Roberta Singletary. N.C. Gardens is represented by Azolla Preston, Shirley Walker, Stephanie Treadwell, Marlene Martin, Mildred Locke, Cecille Hepburn, Georgia Willis, and Emma Grier. Patricia Brown, Bertha Brown, Marion Perry, Carol Leadbetter and Deborah Elder represented N.C. Manor Families.

Membership on the Advisory Board is open to any adult member of the NCC Family complexes. We are anxious to hear from everyone regarding services, activities and programs needed by the families of New Community. If you have any suggestions to offer please contact the Social Services office at 623-6114.

Programs For Families

Based on the recommendations of the Families Advisory Board two new programs are being considered for family members.

(1) Theatre Club

The NCC Theatre Club, open to all NCC tenants, has just been formed. Its purpose is to bring together people who are interested in attending the theatre, be it on Broadway, off-Broadway, or local to New Jersey. Since NCC would be able to provide transportation for a nominal fee, the cost for an evening at the theatre would be affordable by all. It could even occasionally include a dinner as well.

If you are interested, please call the NCC Social Services office and have your name added to the membership of the Theatre Club.

(2) Home Nursing Program

Last year the American Red Cross offered an eight week program for about 20 NCC residents. This "Home Nursing Program" taught participants how to care for a person who is confined at home. Those who took part were very excited about the program and felt that it was very helpful.

We are planning to conduct another such program if enough tenants express an interest. It is possible that the certificate given to those who complete the course can be helpful in obtaining employment in the home nursing field.

If you are interested in taking part in such a program please call the NCC Social Services Department and let us know of your interest.

Pot Luck Supper:

In an effort to bring together the adult members of NCC families, a pot luck supper is going to be held some time in May. If you are interested in helping plan the supper please call us at Social Services. More information will be forthcoming in the May issue of the Clarion.



CHESS ANYONE? Come on down. Mr. Leslie Cherry, seated at table is instructed by Mr. Thomas Green of NC Gardens Towers. If you are interested in learning chess, call Social Services 623-6114. Lessons will be given by Mr. Green on the day and time most agreeable for everyone.

Discos Rolling In The Dough \$

On Friday, March 23, 1984 in Gardens Family Pavilion we held our weekly Pre-Teen Disco. The disco was well attended and the 70 youngsters had a great time. The NCC Cheerleaders and Pep Squads are really working hard selling popcorn, potato chips and soda. They had a cake sale at the March 16th Disco which was very successful. Joyce Holmes the newest member of the NCC Social Services staff has gotten together with Sheila Washington the cheerleaders advisor and coach to help the girls make pizza to sell at the discos in addition to popcorn, potato

chips and soda. This was a new idea and it went over great!

All the money raised at the Discos will be used to fund the trip to the Washington, D.C. and Virginia area to participate in basketball competitions. We will be flying down on April 22, 1984, and we are very excited.

Discos are held every Friday from 4:00 p.m. to 8:00 p.m. at Gardens Family Pavillion. The cost is \$1.00 and they are open to children from 7 to 13 years of age.

Sheila Washington
Associate Youth Coordinator



YOUTH COUNCIL AWARD TO PRINCIPAL. Willie Thomas, Principal of Newton Street School, receives his award from Eugene Thomas as Paul Reid, Jr., youth coordinator looks on.

NCC Third Annual Awards Dinner Held

The Third Annual NCC Youth Council Awards Dinner was held on March 4th at NC Commons Senior. The dinner was attended by over 120 parents, friends, guests and participants.

The annual awards dinner is held to honor the various youth groups, parents, friends and others who have either worked with, supported, or participated directly in the NCC youth programs. It is also a time to tell our youngsters that we are proud of them for the positive contributions they have made to their community, team or group. Too often our youngsters are chastised for the negative behavior they exhibit and are not rewarded enough for the many positive feats which they accomplish every day. This dinner serves as a reminder to them to keep striving for excellence in every field of endeavor.

Again this year awards were given to many deserving recipients.

Among those people receiving community service awards were Detective Sam Clark; Howard Andrews, Newton Street School Maintenance Supervisor, and Mr. Willie Thomas the Principal of Newton Street

School. Detective Clark received his award for the development of the NCC Family Parenting Group. Mr. Andrews was recognized for his generosity and good will towards the youngsters of NCC. Mr. Willie Thomas was honored for his continual support of the youth program during the past 3 years by allowing the youngsters of New Community to utilize Newton Street School for numerous youth activities.

Also meriting Youth Council Awards were the following: NCC Cheerleaders, NCC Jr. Basketball League, NCC Nets, NCC Lakers, NCC Celtics, NCC Spurs, NCC 76ers, NCC Nets (seniors) Basketball Team, Mr. and Mrs. New Community, and NCC Stompers.

All in all it was an enjoyable evening for all those attending. Rosemary and Gayle Chaneyfield deserve thanks for the excellent job they did catering the affair as do all those parents, guests and friends that made it the memorable evening that it was.

Paul Reid, Jr.
Youth Coordinator

Tips On Health

This section will be devoted to questions and answers on health. Please mail your questions to the **New Community Clarion**, 755 South Orange Avenue, Newark, New Jersey 07106.

Question: Please write something about scarlet fever.

Answer: Scarlet fever is a disease caused by Group A beta hemolytic streptococci, commonly called "strep". It is spread by direct contact through droplet infection, meaning that the organism has to be actually inhaled or swallowed. Merely touching the individual or an article



**Soledad Alston
R.N.**

**Pediatric
Nurse
Practitioner**

handled by the infected person will not spread the disease.

Symptoms are cough and fever, skin rash and of course the tell tale sign is the scarlet tongue.

Treatment — antibiotics are always indicated. Orally, they are usually

prescribed for 10 days and should be taken as prescribed regardless of how the person looks or feels. It is the only way that person will not develop the possible complication, which is rheumatic heart disease.

Control measures — the infected person should be isolated at least one day after the treatment has started. However, any infected child should be kept out of a day care center until the treatment has been completed. Any person who has had direct contact with the disease in such a way that he or she could have inhaled or swallowed organisms coughed out by the sick person should consult a physician.

Special note to day care personnel.

As with most infectious diseases, the best way to prevent its spread is to wash your hands thoroughly after handling the sick individual.

HEALTH AWARENESS STRESSED



Kathy O'Beirne, Registered Nurse, is presently making rounds to discuss the importance of health care with the residents of New Community Corporation. She has already visited Roseville, Douglas, N.C. Commons Senior and N.C. Manor Senior, and will have visited N.C. Associates and N.C. Gardens Senior in the next month.

Kathy has an important message for all of us and is looking forward to visiting the rest of our buildings.

Miss O'Beirne is co-ordinator of the United Hospitals Medical Center satellite facilities. This arm of the hospital provides medical services to New Community residents at the Health Care Center located at 210 South Orange Avenue. Physicians at the Center provide services for all members of the family. If specialty services are required, consultants from United Hospitals are available to work with the patient and the family.

O'Beirne's responsibilities at the Health Care Center include taking patient histories, performing diagnostic testing procedures and assisting the physician with patient

There are times when surgery should be given serious consideration to eliminate a foot condition.

Types of Foot Surgery

Emergency Surgery of the foot, as in other parts of the body, is performed to save "a life" or "a part" (e.g. because of gangrene or an accident).

Elective Surgery may be performed for many reasons:

- * To correct deformities.
- * For relief of pain (especially long standing chronic discomfort).
- * To help the foot and toes to function better.
- * To prevent greater trouble in the future.

Chronic Discomfort or Foot Surgery — A Choice to be Made

For the chronic foot sufferer nothing is more comforting than the immediate relief obtained from routine treatment by the podiatrist. When this relief is only temporary

Surgery of the Foot

Submitted by Dr. K.L. Frank

and pain soon returns, requiring frequent visits to the foot doctor, corrective surgery is usually the most practical and rewarding answer.

For the Patient to Consider

For some foot problems that are constantly painful, surgery may be the solution. Often foot conditions are disfiguring, making the foot unsight-



**Dr. Kenneth
Frank**

Podiatrist

ly and the patient self-conscious. These disfigurements make shoes difficult to fit and stylish foot gear almost impossible to wear. Walking can be exceptionally painful and a hardship on the feet. Pressure areas develop causing excrescences (corns) and ingrown toenails. Many of these foot problems can be solved best by corrective surgery.

The Foot Surgeon's Viewpoint Considered

For the patient's comfort and relief, the foot doctor may recommend surgery. If the condition is such that an operative procedure can eliminate a problem the podiatrist will make a thorough examination. He will probably want your family doctor to give you a general physical examination. X-rays will be taken to help study the abnormality. Laboratory tests will be performed. **When all of these indicate a satisfactory end result**, arrangements will be made for either an office or a hospital procedure.

Surgically Correctable Conditions

Foot problems which may be corrected surgically are many and varied. Permanent relief and correction can be obtained by foot surgery for:

- * Hard corns - on top and the tip of the toes.
- * Soft corns - between the toes.
- * Hammer toes - known as contracted toes.
- * Overlapping or underriding toes.
- * Bunions or deformed large toe joints.
- * Ingrown toenails.
- * Small bone spurs, enlarged bursae, cysts and tumors that cause painful, disfiguring areas on the foot.

Many foot and toe problems are correctable by surgery — and surgery should be considered.

Health Fair

Saturday May 5th, 1984

Mark Your Calendar Now

What is a "Health Fair"? The term has a variety of uses. N.C.C.'s Health Fair model is a tool for health promotion, based on these five major elements:

- a) Education
- b) Screening
- c) Summary
- d) Referral
- e) Follow-up

Education is the primary goal of the Health Fair.

Screening tests encourage early detection and prevention of disease.

Summary — The participant's attention is focused on identifying any potential problem area or health risks and on developing personal goals to address them.

Referral to local sources of health care and information will be given at the final Health Fair station. This insures that participants will better utilize community resources as follow-up to the screening tests.

Follow-up occurs in two phases:

1. Participants receive their records after the Health Fair. If the findings require prompt attention, the participant is notified immediately.
2. Those participants with abnormal screening results, worthy of follow-up (based on national guidelines and standards), will be contacted by telephone to find out what follow-up action, if any, has been taken.

Plan now to attend:

Where: Gardens Family Pavilion,
220 Bruce Street

When: Saturday, May 5th

Time: 1:00 to 4:00 p.m.

**NOW, THERE IS
HELP** THE ESSEX COUNTY
FAMILY
VIOLENCE CENTER

SHelter — COUNSELING
REFERRALS BY TRAINED STAFF
FOR
**BATTERED WOMEN
AND THEIR CHILDREN**

484-4446 SPONSORED
BY
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24 HOUR HOT LINE
CALL ANYTIME

Early Childhood Education in the USA

Kindergarten is the earliest school experience for many children. It is strategic in relation to their future educational progress. Of paramount importance is the fact that under ordinary circumstances of daily stimulation and affection, children are capable of learning and growing intellectually long before they are able to read from books.

The kindergarten teacher concentrates on the quality of experience in a child's life and on the stretching of his mind so he will be ready to read later. Kindergarten is a time to ask questions, seek answers, exchange ideas, knowledge and impressions. It is a time to explore, examine, test and understand that which is reality to a 5 year old. This prepares the child for the symbolic learning which will come in the future.

Early Childhood Education is a term used by people concerned with the care and instruction of children from birth to eight years of age.

Since the 1960's, research in early development has increased and the number of children in day care and kindergarten has tripled. Perhaps you are wondering what happened before the '60s. What was the status of early childhood education in the USA prior to that time?

The following chronicle provides a miniscule account of the history of early childhood education in the United States of America:

1855 - The first U.S. Kindergarten was established in Watertown, Wis., by Mrs. Carl Schurz who was a pupil of **Friedrick Froebel**, the "Father of the Kindergarten." The school was in her own home, for her own children and neighbors. The German language was used exclusively.

1856 - The first public use of the term "kindergarten" appeared in Barnard's July issue of "American Journal of Education." (Dr. Henry Barnard was Secretary of the Connecticut Board of Education, editor of "American Journal of Education," and later the National Commissioner of Education.)

1860 - The first English language kindergarten was opened in Boston by Miss Elizabeth Peabody and her sister Mrs. Mary Mann.

1869 - Milton Bradley, persuaded of the value of kindergarten by Elizabeth Peabody, published "Paradise of Childhood" and began the first large scale manufacture of children's educational materials.

1870 - There were only ten or twelve kindergartens in the U.S. The Boston public kindergartens closed after seven years because there were no funds and not too much interest.

1873 - John Krause, a friend of Froebel, started the New York Seminary with a model kindergarten for teacher training. Among his pupils was Susan Blow, who began a Froebelian kindergarten in **St. Louis** which was the **first public school kindergarten** in the country, established in September of that year.

1878 - Emma Marwedel, a German kindergarten, opened a kindergarten and training school in Los Angeles before moving north to the Berkeley - Palo Alto area in California.

- Rev. Heber Newton opened the first mission kindergarten connected with a Church on Madison Avenue, NYC.

- The first free kindergarten west of the Rockies opened with Kate Douglas Smith (late Wiggin) at Silver Street in the poor district of San Francisco.

- The Hebrew Free School Association began kindergarten programs.

1884 - The Froebel Institute merged with the Kindergarten Department of the NEA.

1889 - The Legislature of Indiana enacted a law enabling school boards to incorporate kindergarten in public schools.

1891 - The Chicago School Board voted to adopt all kindergarten classes of the Chicago Froebel Association, developed since 1873.

1895 - G. Stanley Hall, President of Clark University since 1889, and early advocate of child development study, offered a summer session program for kindergarten teachers. Of the thirty-five who began, thirty-three left because of Froebel criticism. The remaining two, Anna E. Bryan of Chicago and Patty S. Hull of Louisville, became Crusaders for

the progressive movement stressing free play and individualization.

1906 - John Dewey established a laboratory school at the University of Chicago, with a sub-primary class of four and five year olds. Emphasis was placed on social interaction, with some retention of Froebel kindergarten ideas.

1907 - Maria Montessori opened Casa Dei Bambini in the San Lorenzo area of Rome on January 6th. Soon she was visited by U.S. educators.

1913 - Caroline Pratt opened Play School in Greenwich Village, N.Y. The philosophy was that children would spontaneously learn from a stimulating environment. Later, this became the Bank Street School.

1915 - The first parent participation school developed as the Chicago Cooperative Nursery School at the University of Chicago. Faculty wives served under the direction of Alice Temple.

1919 - Margaret McMillan, from England, introduced the name "Nursery School" and the concept of a program for children aged 18 months to 4 or 5 years old. It stressed physical well being and emotional development.

1920 - There were three nursery schools in the U.S. The child guidance movement began to catch public interest.

1925 - There were twenty-five schools, most of which were connected to colleges.

- The term "pre-school" was used by Gesell. ("The Changing Status of the Pre-School Child" in *Progressive Education*, winter issue).

1930 - The International Kindergarten Union and the National Council of Primary Education merged to become the Association for Childhood Education with interest in children from 2 to 8 years of age.

1934 - There were 75,000 children enrolled in 1,900 WPA nursery schools.

1942 - The last of the WPA schools closed. There were 965 others which were open.

1943 - The first funds for World War II Child Care were distributed.

- The Thomas Bill coordinated education, welfare, and

health services to cope with problems of mothers going into war related industry.

- The Federal Works Agency, successor to the WPA, made grants. The funds were handled by school districts.

1946 - All of the schools were either turned over to State control or closed.

1964 - The National Association for Nursery Education was re-titled the National Association for the Education of Young Children.

1965 - Project Head Start originated as a multi-disciplinary program.

1969 - **Babyland Nursery, Inc. was founded by Mrs. Mary Smith, at the Scudder Homes housing project, located in the Central Ward of Newark, New Jersey.** It is the first nonprofit, interracial and non-sectarian **INFANT-TODDLER** program for children between two and a half months and three years of age in New Jersey and the third in the nation. Currently, the program has expanded to include preschool and kindergarten. Over 275 children are being served at three Babyland centers.

The development of preschool groups throughout the United States has been continuous. We have experienced expanded arrangements for pre-school children from less advantaged families through programs such as Project Head Start and Title XX.

Early childhood educators are seriously concerned about all legislation pertaining to their programs. Laws and other provisions to facilitate the education of young children should be based on the knowledge that the developments which take place in the early years are crucial for all that follows.

Remember, although parents and the home are the primary resources in the education of young children, you need not carry this important task alone. Resources in addition to those in the home, such as a nursery or prekindergarten program, can be used.

Sister Marie Infanta Gonzales, OSP
Education Consultant

Babyland I Happenings

With the coming of spring the three year olds at Babyland I are learning about flowers and seeds. Hopefully the ones they planted will grow tall and strong by summer.

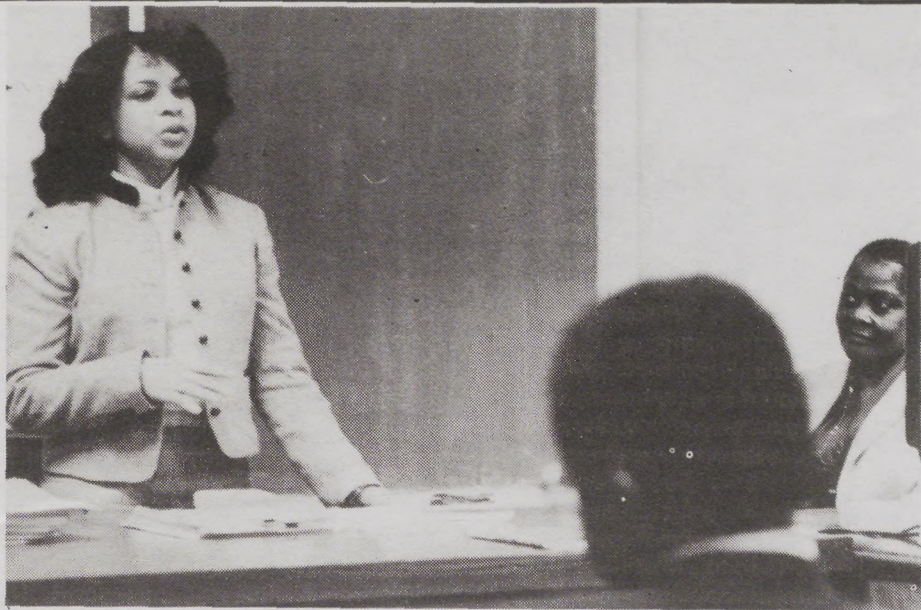
But in case they don't - not to worry. They are sure to have flowers anyway.

Recently beautiful flowers were made by their tiny hands out of paper and wire ties. Colored paint was placed in pans and the children then dipped strips of ties into them, much like coloring Easter eggs. The ties were then separated and shaped into multi-colored daisy-like flowers with a colored cotton ball gracing the center. Butterflies were also twisted and pinched into shape.

With activities such as these the little ones learn eye-hand coordination and fine finger motor skills as well as a tangible idea of the spring season.



WEEK OF YOUNG CHILD PLANNING COMMITTEE. Left to right: Regina Marshall, Chem School; Sister Marie Infanta Gonzales, Babyland Nursery; Thomas Ostapiej, American Red Cross; Juanita Falls, Essex County Urban League; Ronald Ballew, Newark Fire Department Community Relations; Donna Johnson, Newark Day Center; Mildred Crews, Unified Vailsburg Services; Beverly Lynn, Lyons Avenue Day Care.



A GOOD WAY TO LEARN. Cynthia Reese, a computer science cooperative education employee, explains how she is able to attend school and work as she learns.

Career Day Opens Vistas at St. Rose

Educators, lawyers, politicians and many other career representatives filled the auditorium of St. Rose of Lima School on Wednesday, March 21, 1984. What was the big occasion? "Career Day 1984" presented by the St. Rose of Lima School Chapter I Program.

The theme for Career Day was "What Shall I Be?" "Success is to be measured not so much by the position that one has reached in life as by the obstacles which one has overcome while trying to succeed." (Booker T. Washington). Mrs. Thelma McCloud, Chairlady for this event was very successful in finding persons representative of various walks of life.

The students were greeted with remarks from Dr. Columbus Salley, Executive Superintendent of Schools; Mrs. Gladys Hillman Jones, Deputy Executive Superintendent and several other participants, before separating into two groups. The students then met with career representatives including Mr. Mel Marech; Ms. Edith Gallimore; Dr. E. Alma Flagg; Mr. Larry Hazzard, Principal of Broadway Jr. High School; Rev. Alvin Conyers; Mr. Alvin Little; Mr. Marc E. Means; Mrs. Annie Bernard; Mr. Howard L. Ackerman; Mrs. Alma Lols Jones; Mr. Palford Drye; Ms. Edna M. Bailey; Mrs. Jonnye Austin and Mr. James Rohrman, Systems Analyst for New Community.

Public service was discussed by Honorable Irvin B. Booker; Honorable George Branch, Central Ward Councilman; Cheryl Tearc, representing the Honorable Peter Shapiro, Essex County Executive Officer; Lonnie Tucker, representing the Honorable John P. Caulfield, Senator and Director of Newark Fire Department; Lt. Edward Kerr, Former Police Director, City of Newark.

Also present were Mrs. Wilma Pasake, Personnel Specialist, U.S. Army Armament Research and Development Center, Dover, N.J., otherwise known as Picatinny, and four others, Anita Long, Clerk-Typist; Andy Del Valle, Engineering Technician; Patrick Nelson, Engineering Cooperative Education Employee; Cynthia Reese, Computer Science

Cooperative Education Employee; Phyllis Rogers, Director of Day Care, Babyland Nursery; Ms. Doris J. Slaughter, Optician; Mr. W.R. Lewis, Engineer, AT&T Technologies Management; Rev. William E. Kelly, Clinton Memorial A.M.E. Church; Dr. Michael A. Petti, Former Board of Education member; and Ms. Angela M. Harrison, Occupational Therapist from Mansfield Training School, Mansfield, CT.

They discussed their various careers and entertained questions from the students.

Overall, "Career Day '84" was a tremendous success.



"RESPECT" THE SHY SKUNK AND "VICTOR" THE HUGGABLE BOA. Happy smile on little girl show how friendly a skunk can be. Youngsters at Babyland III are also introduced to "Victor" a baby boa. Keen interest can be seen on their faces. Many of the brave ones, mostly the girls, petted the snake and found it to be dry.

Turtle Back Zoo Visits Babyland III

Mr. Larry Peyton, a naturalist from Turtle Back Zoo, recently gave a live animal presentation to the four and five year olds at Babyland III.

Mr. Peyton's knowledge and expertise brought forth new words and concepts about animal behavior which enhanced children, staff and visitors.

The presentation also placed emphasis on the use of the senses.

Fascinated, the children listened to the noise made by the flapping wings of Freckles, the American Krestal Falcon. Since he is a day predator, Larry explained, he flies quickly and with great agility to catch his quarry, reaching speeds of up to 80 miles an hour. The quills of his wings are stiff, helping to accomplish the rapid maneuvering necessary to track down his prey.

Otis the screech owl, on the other hand, hunts by night when it is quiet and dark, and uses great stealth in his quest for food. As he demonstrated the use of *his* wings for the wide-eyed audience, no sound could be heard. Soft feathers on *his* wings provide this special ability.

Representing the mammal family was the hedge hog. Its prickly skin is made up of modified fur filaments. Needless to say he was touched very gingerly as he made his way around the room. When frightened, this little fellow rolls up into a ball for protection. He can be found, the youngsters were told, in places like the United States, South America and Europe.

Surprisingly enough, the ambassador for the reptile family — a baby boa constrictor — was more popular with the girls than with the boys. One brave young lady consented to be "hugged" and was enchanted. Others hesitantly volunteered, and found the friendly 5 foot snake dry to the touch and quite lovable. Adults present seemed to prefer giving a wide berth to this little actor.

Mr. Peyton mentioned the remarkable growth of this particular snake which reaches a length of 18 feet in adulthood.

Squeals of laughter greeted the striped skunk "Respect," as it landed unexpectedly in a caregivers lap. Little noses perked up in anticipation as they snuggled down to experience the smell for which this species is famous, but thanks to previous descending of Respect, he did not create the scene he usually does upon arrival at a gathering.

He was quite soft, the fascinated children found, and loved to be petted. He was also quite a shy participant, hiding behind Larry's back at first, and peeking cautiously out at the small charges.

The youngsters responded eagerly to questions asked by the naturalist and some were quite well informed about their animal friends.

The children and staff at Babyland III would like to extend their thanks to Mr. Peyton and Turtle Back Zoo for an exciting and enriching experience.



NCC Honors Floor Captains



IN APPRECIATION. Representing their buildings at the appreciation luncheon for floor captains are: left to right; Turner James of Gardens Senior, Marion Simpson of Commons Senior, Barbara Holloman representing Angela Hicks of Manor Senior, Gloria Newsome of the Social Services department, Elizabeth Davis representing Mabel Kearney of Douglas, Illa Barnes from Roseville and Ellen Watson of Associates.

On Friday, March 16, 1984 more than eighty (80) residents were honored at an Appreciation Luncheon, which was held at NC Gardens Pavillion.

Each resident was awarded a certificate of appreciation for outstanding volunteer service and contributions rendered on behalf of the residents of New Community Corporation as Floor Captains.

The idea of floor captains first came about approximately five (5) years ago, when a group of concerned residents from one of the senior buildings (NC Associates) met together to discuss some of their most important needs. It was at that time

that the decision was made to establish a "neighbor watch" system that would ensure the overall safety and well being of every resident in each respective senior building.

Floor Captains have since been appointed and/or elected to serve in a voluntary leadership capacity, providing the other residents with important letters, flyers, announcements of ongoing programs and activities that take place both in NCC and the surrounding community. Guest speaker Reverend Hilton Rawls, Sr., Pastor of St. Paul's Unified Freewill Baptist Church (Newark), emphasized the importance of the floor captains' responsibilities, and further added that

"these residents should be held in very high esteem." These leaders are truly the "backbone" of the NCC Social Services Department as well as of other departments throughout NCC.

While we recognize that we are not able to provide "total" compensation to our residents for their valuable contributions, we do trust that, annually, we will be able to set aside a "Special Day" just for them, to express our sincere thanks and appreciation to each one respectively. An Honor Well Deserved!!

Gloria Newsome
Social Services Dept.

The Art of Music Stressed at St. Rose School

Music is an essential part of the curriculum of St. Rose of Lima School. Students in all grades experience the pleasure of participating in formal music classes as well as in special activities.

Students begin with general music which includes but is not limited to singing, listening activities, rhythmic exercises, dance and basic theory. "Children are never too young to begin learning the mechanics of music," is the opinion of Mrs. Emily Ross, music coordinator of St. Rose of Lima School.

Teaching children to use their own bodies as instruments is one method applied to assist them in the understanding of music. They clap, tap, nod, snap and walk in different rhythms set to music. Students learn to hear, feel, create and enjoy making music.

Music classes for grades three through eight are more complex, but just as enjoyable. These grades enjoy singing, listening, and participating in activities geared toward helping them discover that music is an art, as well as a means of self expression.

Seasonal or special holidays often dictate the subject matter that is taught. For example, in February, Black Heritage Month, students planned and presented special programs relating to black history. Activities included the study of the

origin and development of Black music in the United States. The students listened, sang and thoroughly enjoyed creating African drum beats, singing the blues, listening to jazz and experiencing the feeling that only spirituals and Gospel music can bring. Students were surprised to find that many of the songs they hear today were spontaneous, made up on the spot, and later written down. They also learned how they as children perpetuate game songs, by taking lines from church songs, and the blues and changing them to fit the needs of their songs for play, and dance.

Children are sometimes our best keepers of musical tradition, for songs remembered by children are passed on quickly before they are forgotten. It is most important for children to understand the musical heritage that belongs to them.

The music program offers other areas of self expression for students at special assemblies. Classes present various dramatic and musical performances during the school year. A drama group is planning to present a musical fantasy entitled "All Hail The Queen", early in June while another will again reenact the Passion of Our Lord on Palm Sunday.

Religious education is first and foremost at St. Rose of Lima School, and much of the music is religious.

Liturgical music is incorporated in all music classes. Each class celebrates Mass together on one Sunday of the school year. Preparation for class masses is a collaboration between the classroom teacher and music instructor. It is a joy to see students taking an active part in our Sunday liturgy. The first Sunday of every month has been so designated. Students are taught about the glory of God and what better way to praise Him than through music!

The St. Rose of Lima Junior Choir, which was formed in 1978, is a special program involving students from grades three to eight. This group was established to enhance the celebration of Sunday Liturgical services. The thirty voice choir can be heard making a "joyful noise unto the Lord" three Sundays out of the month at 9:30 Mass. They enjoy singing and reading the scriptures, thereby becoming active in the liturgy.

The choir is often given the opportunity to perform within the community and gladly welcome each invitation. They enjoy what they do, and hope that through their music they can bring a common bond of joy between Church, School and Community.

Emily Ross
Music Coordinator



When Jesus came man gave Him no house to dwell in but later gave Him a cross on a hill for the world to watch Him die. In that death Jesus showed that it was possible to rise from the dead. He established that there was life after death and proved that the defeat of death could be overcome by the victory of the Resurrection. Also, He showed that the life of God is indestructible and eternal, and that it abides and remains, even in the face of death. In the person of Christ and in His death on the cross, God reconciled the sinful world with Himself. Life is redeemed from being mere existence and given qualitative dimension, making it supremely significant and purposeful.

Nothing is more disjunctive than death. Companionship is buried; hopes and plans for the future entombed; aspirations, ambitions, ideals, objectives, and attainments are interred. There are times when our grief causes us to give up, and to end our striving.

Jesus demonstrated that the futility and frustration associated with



death could be changed into a state of hope, fulfillment, and continuity.

There is a story told of the people of London anxiously awaiting news of the outcome to the decisive battle of Waterloo. From the top of a tall Cathedral they saw and read a semaphore signal message, "Wellington defeated..." and then fog moved in. Thinking that was all of the message, the people were saddened, feeling all was lost. But later after the fog lifted the message was again signalled, and it read: "Wellington defeated the enemy." Despair changed to delight, disheartenment to joy, tragedy had become triumph.

So, too, when the fog had lifted following Calvary, the glorious message spread, "He is risen!" Defeat was changed into victory. Christ became the great victor over death.

Not Christ but Death died!

The stone upon His grave was rolled away, and in the blinding darkness of the tomb, He rose and shattered there the grief and gloom. So, if there's a stone against your heart today, look up to Him and it will roll away.

Lewis Graves
Springfield Branch
Newark Public Library